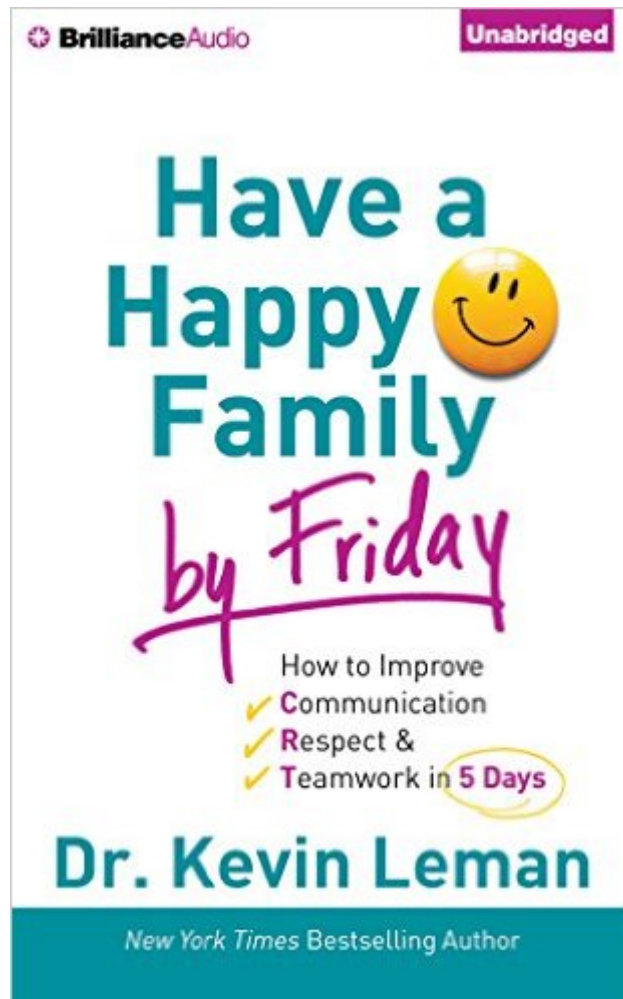


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# Have A Happy Family By Friday: How To Improve Communication, Respect & Teamwork In 5 Days



## Synopsis

Every member of a family plays a vital role in the health and happiness of the household. Everyone is important, deserves to be treated with love and respect, and needs to know that when they make mistakes they will still be loved unconditionally. And when every member of the family is pulling for each other and on the same team, everybody wins. But is this kind of family life even possible? Parenting expert Dr. Kevin Leman says it is, and he's ready to show moms and dads exactly how they can make it happen in their family—in just five days. He shows families how to communicate honestly and kindly, prioritize the right things, maintain great attitudes and behaviors, determine the role they play in the family structure, make family time count. As always, Dr. Leman's outstanding advice is laced with humor, great stories, and the wisdom that comes only from a lifetime of experience. For parents who've had it up to here with bickering, hurt feelings, and emotional exhaustion, *Have a Happy Family by Friday* is just what the doctor ordered.

## Book Information

Audio CD

Publisher: Brilliance Audio; Unabridged edition (September 1, 2015)

Language: English

ISBN-10: 1491527129

ISBN-13: 978-1491527122

Product Dimensions: 5 x 0.8 x 5.5 inches

Shipping Weight: 5.6 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars See all reviews (41 customer reviews)

Best Sellers Rank: #965,986 in Books (See Top 100 in Books) #36 in Books > Books on CD >

Parenting & Families > Parenting #753 in Books > Books on CD > Religion & Spirituality >

Christianity #1581 in Books > Books on CD > Religion & Spirituality > General

## Customer Reviews

**My Reflections:** Who wouldn't want a happy family by Friday? For that very reason I chose to review this particular book, that and the fact that I love Kevin Leman's style of writing, and no nonsense philosophy. When we marry and have a houseful of children we tend to think "what could go wrong, we are family?" But add in different personalities, hormones, misunderstandings, and opinions and you now have the recipe for potential relational melt downs. In this comprehensive book you will explore five days worth of food for thought and nuggets of encouragement. The chapter headings for your daily readings are as follows: Monday: Choose Your Words, Change Your Family. This chapter

really hit home with me. I thoroughly enjoyed the reminder of how I set the tone of the family by the way I respond to situations. Tuesday: The big time, priorities, Activities, Work, and Finances. Another great chapter, to the point and direct loved the tips on what to do and not to do in these areas. We are extremely busy with homeschooling activities so keeping the balance of extracurricular activities is a must! I loved the family first mantra in this chapter. Wednesday: Navigating the Perfect Storm: Um... Yes please, can we say 12, 14 and 6. Perfect storm, enough said! Thursday: Why Dad Can't be Mom and Mom Can't be Dad. Great, simply great! I was raised in a single parent home so often times I parent from a completely different angle, not to mention trying to navigate what being a good wife is all about and how to please my dear sweet husband. This chapter was wonderful because it really lays out his and hers. I especially enjoyed reading over the Q and A section. makes you realize others deal with the same kinds of issues.

Let's face it. Living with different types of people in a home can be difficult at times. Not every one is the same and emotions can cause problems. After all we are not all cut from the same cookie shape right? But don't desperate because Dr. Kevin Leman has written a book to help you get a happier home within a week. Every member of a family plays a vital role in the health and happiness of a household. And the book Have a Happy Family by Friday will help your to improve life under the same roof. On Monday you will learn to choose your words in order to change your family. Essentially, what you says and how you say it has everything to do with how your loved ones respond. And trust me when I say that it is completely true. I have seen how my kids respond on how I say things and I definitively know how I personally respond depending on how things are said to me. So this chapter was a great reminder that I need to be careful on how I say things to my kids and even my husband. Tuesday is all about time, priorities, activities, work and finances. Bottom line you will learn what to do, what not to do, and why. This chapter was great and I did grab a few things but our family is already very careful in how much activities are done during a week. We do swimming on Wednesday afternoon and the kids have Awana on Thursday night. Every once in a while during the school year we will also have the homeschool coop. Our oldest son is also attending youth once a week. But apart from that we are very careful not to overschedule our calendar and prioritize the time as a family. Finances is also another thing we have been straightening up for the past few years. Wednesday I have learned how to navigate the teenage years with chaos. Oh!

I have long appreciated the books penned by Dr. Kevin Leman, and "Have a Happy Family by

Friday" is no exception! Dr. Leman is unafraid to tackle the hardest of subjects, and he does so with truth, godly wisdom, and a dash of humor thrown in as well. The book is easy to read, either in one sitting or one chapter at a time, and there is simply no excuse for any parent to say "well I just don't have time to read another parenting book!". The best part of the book is that it is just so very practical, with numerous real-life stories and situations woven throughout the chapters that provide situations parents will truly be able to relate to. No parent wants their family to feel like a war zone, with constant disrespect or bickering (whether between the parents or the children!). This book will give you some useful tools and strategies to implement with your own family, providing your children with a firm hand while still allowing their voice to be heard. One of my main takeaways from this book is a reminder of the importance of communication, whether between parents in the context of the marriage, between children who need to learn to "fight" in a respectful manner, or between the parents and children trying to navigate the different stages of the growing-up years. I also loved the "bonus" section dealing with birth order and the difference it makes to be a first born versus the middle child or the youngest in the family. That kind of information will help parents understand their children (and perhaps themselves too) with much more clarity. The "Ask Dr.

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